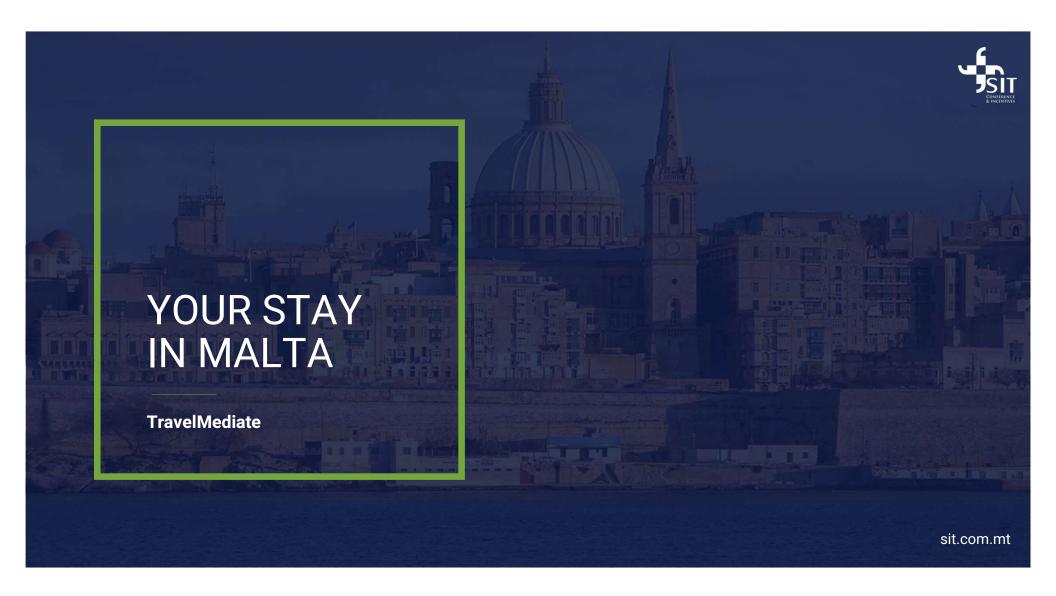






OUR MALTA with SPECIAL INTEREST TRAVEL Ltd.

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#### YOUR PROGRAMME

Malta, the discovery of an island full of surprises

Reference number: CI/035.24

Agency: TravelMediate

Number of people: 25 pax

Date of travel:

Friday 11:50 - 14:55

AMS Amsterdam Schiphol - MLA Luqa Malta International

Monday 13:40 - 17:05

MLA Luqa Malta International - AMS Amsterdam Schiphol



#### **History of Malta**

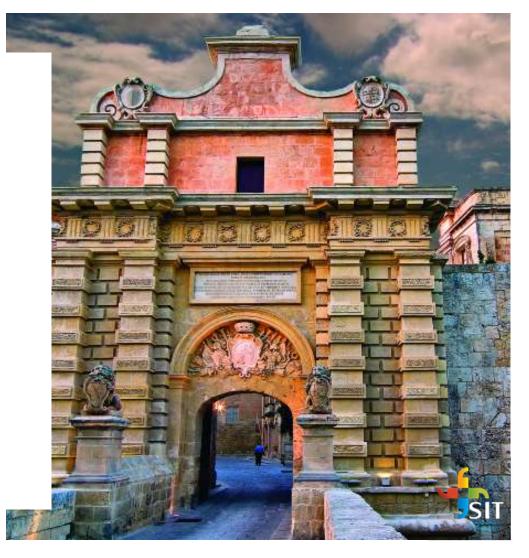
The first inhabitants of Malta arrived about 5,200 BC from Sicily and began to farm the soil and build great temples.

About 800 BC the Phoenicians sailed to Malta. They gave Malta its name - Malet, meaning shelter or haven.

From about 400 BC the Carthaginians ruled Malta. After that, approximately 218 BC the Romans conquered it. Meanwhile about 60 AD. Paul was shipwrecked on Malta while being taken to Rome, as he was accused of being a political rebel and considered a potential threat to Roman rule. The ship carrying him, and 274 others was caught in a violent storm and wrecked on the Maltese coast. Paul converted Publius, the Roman ruler to Christianity. The rest of the Maltese population followed and soon became Christians. Nowadays, the site of the wreck is known as St. Paul's Island and is marked by a commemorative statue.

Later on, Malta was conquered by the Arabs, who influenced deeply the Maltese culture, especially the language. Arab rule was ended by the Normans, who captured Malta in 1090.

In 1283 Malta was captured by the Aragonese, so that it became part of the powerful Spanish Empire. Malta changed hands again in 1530. The Spanish king granted Malta to the Knights of St John. Initially, they went to Cyprus, but in 1310 moved to Rhodes in search of acquiring their own temporal domain. In 1523 the Turks captured Rhodes and the Knights were left without a home until the Spanish king gave them Malta to settle. At that time the Christians were fighting the Crusades against the Muslims. The Order of St John began to fight Muslims as well as care for sick pilgrims. Subsequently, their order was formally recognized by the Pope and they became the Knights of St John.



#### **History of Malta**

Their rule was ended by Napoleon Bonaparte, who conquered Malta in 1798. The Maltese rebelled against the French at Mdina and appealed to the British for help. From that moment Malta was recognized by the other European powers as a British colony. However, the British allowed the Maltese a limited role in government. Malta gained its independence in 1964 and from 1974 became a republic. Nowadays Malta is a flourishing country. Because of the abundance of historical places. monuments and venues, Malta is a popular filming destination. From 1925 to 2016, there have been at least 110 films that were either shot or set in Malta. Among them the most famous include: By the Sea, The Da Vinci Code, Alexander, Popeye, Clash of the titans, Troy, Gladiator, The Emperor's new clothes, The Count of Monte Cristo, Captain Philips, Midnight express and also the worldfamous TV series Game of Thrones.

In 2018 Valetta will be the European capital of culture and will host series of different events, exhibitions, performances and workshops in which an active role will have also the citizens of the islands. To give you a hint of the scheduled events and clearer idea of what to expect, some of them are e.g. – Picasso Exhibition held at Grand Master Palace in Valletta; The Valletta International Baroque Festival, Mozart's Don Giovanni, Exhibition: European Eyes on Japan,

Giuseppe Verdi's Aida, Education, Visual arts: Bodies in Urban Spaces and many others that could enrich both your imagination and personality.





Transportation





# GHAT BUS COOP. GHAT BUS COOP. GHAT PARAMA GHAT PARAMA







# Transportation Options

Small details which can make the difference! Enhance your program with different kind of transportation: old Maltese bus, Vintage car, all sort of boats from the most traditional to the most luxurious...



**Special Dietary Requirements** 

SIT can cater for any dietary requirements including:

- Halal
- Kosher
- Jain Diet
- Vegetarian
- Vegan
- Gluten free and coeliac
- Lacto-ovo-vegetarians
- Lacto-vegetarians
- Ovo-vegetarians
- Pescatarian
- Tree nut and peanut allergies
- Fish and shellfish allergies
- Wheat intolerance
- Dairy free and lactose free

\* To ensure your safety, special request with dietary restrictions must be indicated in advance in order to ask for a personalised meal for all food functions.



#### Timetable



	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	
Morning	Arrival at the Airport Transfer to the Hotel and Check-in	3 Cities Rolling Geeks	The Medieval Tournament	Check-out from the Hotel
Lunch		Lunch in 3 Cities - Don Berto	Lunch at Limestone	Farsons, THE BREWHOUSE
Afternoon	Murder Mystery in Mdina	Valletta Segway Tour	Speed boat treasure hunt	Transfer to Malta International Airport
Evening	Dinner in Medina	Dinner in Balluta Bay — OKA (Optional)	Farewell Dinner in Sliema - Chophouse	

#### **Arrival**

#### Arrival:

The guests will arrive at Malta International Airport where they will be met and welcomed by a SIT Representative.

They will board the waiting Transport and transfer to the hotel for the check-in.





### Welcome Gift Idea

#### **Maltese Delicacies**;

- Bajtra, Habburba Liqueur
- Maltese or Gozitin Wines
- Nougat
- Honey Rings
- Crustini
- Maltese Honey



#### Timetable



#### **Check in**

Check-In time varies depending on the Hotel selected however the average time starts from 15.00hrs.

Group checks in at the selected hotel with a non-alcoholic welcome drink.

### Day 1 – Murder Mystery in Mdina

Guests will be met by the JUGS Coordinator who will brief the group on the activity.

Following this, an actor in period costume will then introduce them to the mystery at hand and set the scene. After, the group will be split into teams, who will each be given an iPad with a customized software which will allow them to watch the scenes of the Murder Mystery unfold in different parts of Mdina. Searching for clues, the groups will walk around Mdina, trying to decipher this murder.

Will you be able to crack the case? Will your knowledge prove worthy of opening the locked chest? Following the completion of the Murder Mystery (which takes between 2.5 and 3 hours), the participants then dine at The Medina Restaurant (Michelin 2023).



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Day 1 - Dinner at Medina Restaurant

#### **Medina Restaurant, Mdina**

Hidden away in the enchantingly narrow streets of Mdina is this characterful 500 year old restaurant. Dine beneath a vaulted stone ceiling or in the internal courtyard.

Local ingredients underpin well-executed dishes which exhibit subtle modern twists. Just off Mdina's main Cathedral Square, in one of the Silent City's typical winding alleys, The Medina Restaurant is a jewel of an eatery, flooded with natural charm.

An original Norman residence, The Medina Restaurant is full of romanesque features, allowing for a truly unique dining ambiance.







#### Day 2 - The 3 Cities

Discover the Grand Harbor area area opposite of Valletta, known under the name of "The Three Cities: Vittoriosa, Cospicua and Senglea", where the Knights of St John first settled in 1530.

Going past Cospicua you reach Vittoriosa for a walk through the alleys in the shadow of the historic buildings of the Order. On the Vittoriosa seafront we will take a typical harbor boat (dghajsa) for a tour of the colorful inlets of the port. From the Senglea Garden, located at the tip of the peninsula, enjoy a splendid 360 ° view of the Porto Grande, including the imposing Fort Sant Angelo from where Grand Master La Valette led the defense of the island during the Great Siege of 1565.







Day 2 - The 3 Cities and the Rolling Geeks

#### The Rolling Geeks

Take a seat in your rolling geek (electric car) in order to go up and down in these beautiful cities and discover more about their history.

You will enjoy a great day of fun in our easy-to-drive cars, which will offer you the opportunity to discover the stunning Three Cities helped by an English audio-guide. Have 2h of fun in total security as the tour is supervised by leading cars and be sure you would never get a ticket with a speed point limited to 40km/h!





#### Day 2 - Lunch Don Berto (Option 1)

Don Berto is a fast casual and family friendy restaurant specializing in Mediterranean food. Located in Vittoriosa, the restaurant sits exactly in the Birgu waterfront and enjoys picturesque sea views across to Senglea and Valletta.

We offer a very extensive Mediterranean menu specializing in pizza, pasta and grill. We believe in keeping our food simple but naturally flavourful in true Mediterranean style, using fresh, local and seasonal ingredients. Our aim is to cherish Mediterranean flavours and provide a true taste of our delicious food, built on the vast experience and passion of our chefs.







#### Day 2 - Lunch Porticello (Option 2)

Porticello restaurant situated in Malta's capital city Valletta, specializes in fresh fish and seafood while also caters to a variety of other mouthwatering dishes, to suit each and every customer. We select our food and its source carefully to provide an exquisite dining experience. Situated close to the waters edge, Porticello offers a breathtaking view suitable for a romantic dinner for two or for an impeccable dinner amongst friends. Our exceptionally well-trained staff is available to address each and every need including all dietary requirements. So if you're looking for a remarkable dining experience ... we've got a table for you at Porticello.







### Dghajsa Boat to Valletta

The luzzu is the foremost traditional fishing boat. It is pointed at both ends and is painted in characteristic brights colours. A variant, the kajjak, also a fishing boat, is similar in appearance, but has a square transom (back of the boat). Fregatina boats you can see during Freedom day race in the Grand Harbour.

These boats are painted in the traditional bright maritime colours: red, green and blue. Yellow and white could also be used. The colours are painted in stripes parallel to the waterline or to the curve of the upper border.



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### Valletta The Fortress City

Valletta, The Fortress City, Città Umilissima, "a city built by gentlemen for gentlemen" is Malta's capital city. Valletta is named after its founder, the respected Grand Master of the Order of St. John, Jean Parisot de la Valette.

This visit includes St John Co-Cathedral where you can see the painting of 'The Beheading of St John the Baptist' by Caravaggio, the Grand Master's Palace (state rooms OR armory), and the Upper Barracca Gardens.







#### Day 2 - (Option 1) Valetta Segway Tour

Segway is surely the best way to see so much of the great city. It is so easy to get around and see so many things that you might otherwise miss on conventional tours, or by simply walking around..









#### Day 2 - (Option 2) 5 Senses Activities

#### **SIGHT: Old Phone Photo booth**

• At this stop you take photos with a Polaroid camera and enjoy the beautiful view. There are costumes and props to make the photos fun and you will have a nice memory of this fun day!

#### **TASTE OPTION 1: Cannoli Making**

 You will be taught by our amazing chefs to make your own delicious cannoli. You may fill the rolls yourself and after that you can enjoy the taste of a fresh made Cannoli.

#### **SOUND: Traditional Maltese Dance**

• Learn the traditional Maltese dance together with dancers in costume. They will teach you and give you all the tips and tricks to be a professional!

#### **SMELL: What's in the Box?**

• A smell test where 5 different canisters will be filled with herbs/spices, and they will have to indicate what they are smelling.

#### **TOUCH: The Creative Touch**

• The team will have the opportunity to paint their masterpiece.





# Day 2 – Dinner at OKA's by the Villa (Optional)

#### **OKA's at The Villa**

OKA's at The Villa is located within the historic building of The Villa – an imposing 19th century palazzo, what used to be the summer residence of one of Malta's leading 20th century industrialists and one of the oldest structures in the Balluta area. OKA's was inspired by the famous oak trees overlooking Balluta Bay which symbolise strength, wisdom and endurance.







# Day 3 - Medieval Tournament (Morning)

Dare you take part in this tournament or be banished from these lands forever!

Welcome to the Medieval Tournament in which participants compete to win the title of becoming the new Grand Master!



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## Day 3 – Lunch at Limestone Heritage (Venue Option 1)

The Limestone Heritage Park & Gardens is an innovative and award-winning attraction located in the traditional Maltese village of Siggiewi.

Unique to the region, this gem celebrates the Maltese Islands' distinct stone, as well as its intricate history dating back over 22 million years.

Beautiful and peaceful gardens with citrus trees and lawns create the perfect ambience for lunching in a typical Maltese Environment.







# Day 3 – Lunch at Castello Zamitello (Venue Option 2)

Castello Zamittello was built by a wealthy Baron Bernardo Zamitt, and is a unique castle that lies on the outskirts of a country village of Mgarr, on the way to Gnejna Bay.

Built in Norman style, it used to guard against sudden raids by corsairs, as indicated by the four unusual guard turrets adorning its façade.

The castle is now set in lush gardens and surrounded by calming country scenes.









# Day 3 - Speed boat treasure hunt (Afternoon)

Rotating 24 Speedboats between 6 locations and calculating the time for the teams to complete an activity in each location and the biggest concern was that a team would arrive at the activity out of their time slot and have to wait to participate (we HATE to leave delegates waiting for anything!).

The other main challenge we had to consider was safety. With our clients hopping in and out of Speedboats and spending the day in the sun, we wanted to ensure we didn't have any accidents!





Day 3 - Farewell Dinner at The Chophouse

#### Chophouse, Sliema

"Unique view, great menu choice, top service, incredibly wide choice of wines."

Considered to be one of Malta's leading restaurants, The Chophouse boasts a tempting selection of succulent steaks, daily grilled fish and vegan options. We also offer a wide choice of light starters and mouthwatering sweets. Our large glassfronted 'cave' stocks a selection of well over 300 wines, stored in a humidity and temperature-controlled environment, for optimum serving.

We are proud to have been awarded a Michelin Plate, distinguished for our "good cooking" and "delightful place".







#### Day 4 - Farsons, THE BREWHOUSE (Morning)

**Exclusive guided tour of the Farsons Brewery Experience** 

Beer Tasting ( 5 different beers)

Food Nibbles ( 5 beer-cooked items incl meats)

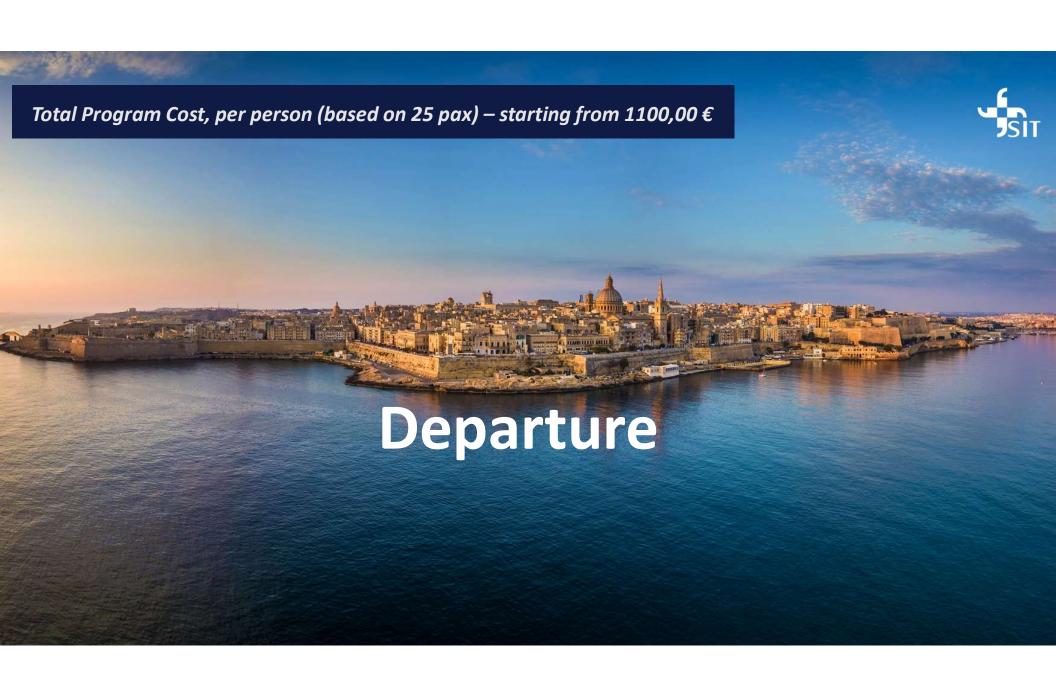
Pint Beer of Choise

Brewhouse Mug, Take-Home









### Your trusted travel partner

Enjoy Malta!

We are a highly motivated, multinational team with over 40 years' experience in creating fantastic experiences here in Malta. Whether you are after a professional conference or meeting, an exhilarating incentive trip or group special interest travel, our unparalleled local knowledge and experience allows us to understand the varying requirements and personal preference of our clients and ensure we provide them with a memorable experience to take home.

#### What we do

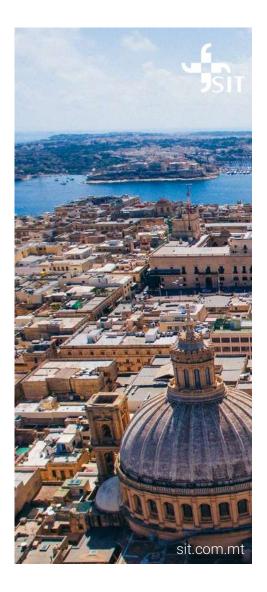
We put forward creative, unique and price competitive events or special interest and group travel for groups of all sizes and for all types of visitors to Malta whether it be for MICE (meetings, incentives, conferences and events), education, special interest or leisure.

We have worked for some of the world's most prestigious companies and brands including Diageo, Pfizer, Schering, Astra Zeneca, Vodafone, Microsoft, Peugeot, Michelin, IN&FI, DANONE and CAIXA.

#### Why we do it so well

We have a passion for what we do We have the experience to pull fantastic things off professionally.

Being part of the M. Demajo Group, we are lucky to be backed by one of Malta's largest and most reputed companies.







### Why travel with SIT?

Incentive Program



#### Quality Assurance

SIT is certified quality assured with the Malta tourism Authority.



#### Financial

Preferential negotiated rates with suppliers



#### Local Know How

In depth knowledge of Malta



#### Personnel

Our skillful team of multilingual experts are passionate about Malta and the clients we serve



#### Experience

40 years of excellence serving the industry in Malta



#### Flights

Assistance with Arrivals and Departures can be offered on request





#### Facts about Malta



Time Zone GMT +1 in winter, GMT +2 in summer



Climate
Hot Dry Summers
Mild Wet Winters



**Currency** Euro



**Government**Democratic Republic



Population 441,653 (2020)



Official Languages Maltese & English



Religion Catholic



**Capital** Valletta Past clients













































