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# HELSINKI, 4 DAYS

Welcome to explore Helsinki's vibrant urban side, the stunning archipelago, and the calming effects of pure Finnish nature through exhilarating activities!

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# HELSINKI, FINLAND

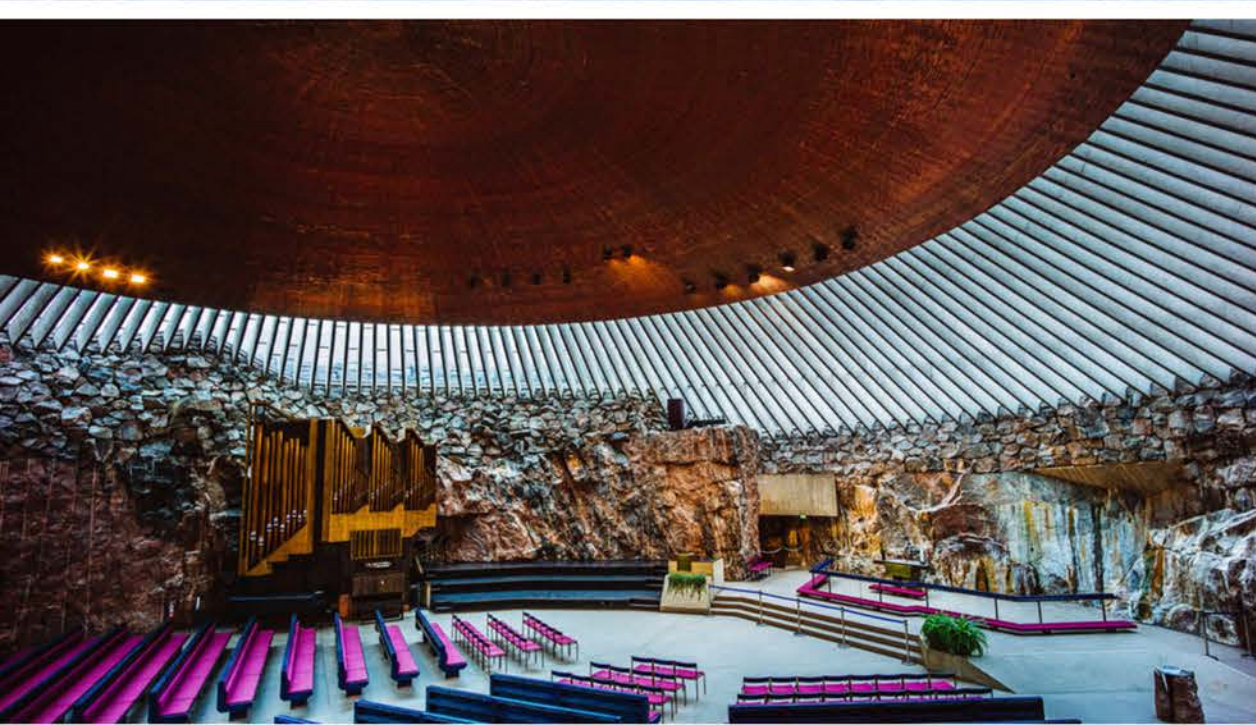
Helsinki, the white capital of Finland, surrounded by the Baltic Sea, is the perfect destination to experience something new.

Helsinki is a compact, vibrant and dynamic city, offering a perfect blend of urban sophistication and natural beauty. With its innovative architecture, rich cultural scene, and stunning waterfront, Helsinki provides a unique backdrop for both business and leisure. The city is easily accessible, and its close proximity to nature, including nearby archipelagos and serene forests, offers countless opportunities for wide range of activities.

One of the safest and cleanest cities in the world is also compact and easy to navigate. The city center has all the services within walking distance.











# PROGRAM



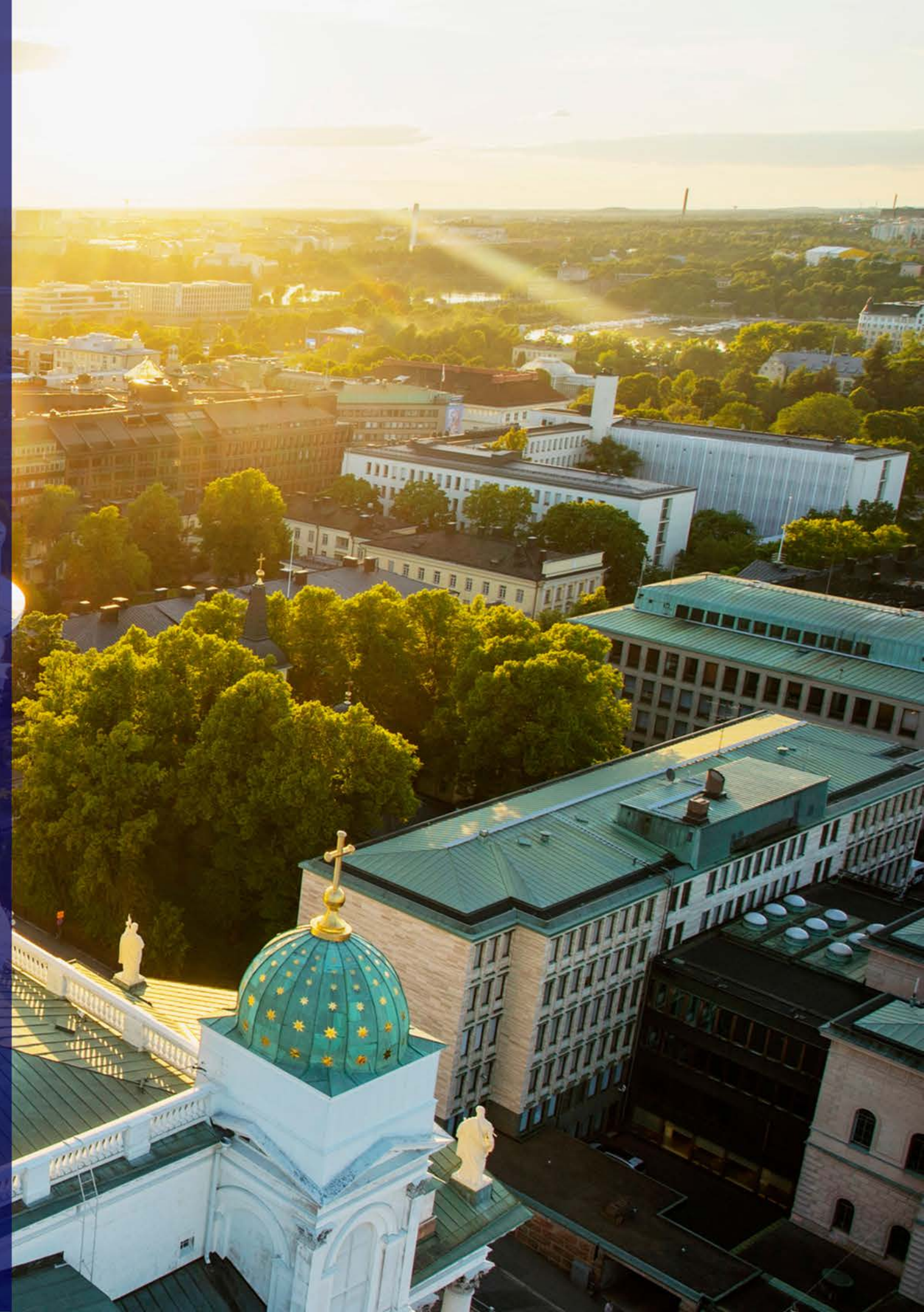


## DAY 1 – ARRIVAL

Arrival at Helsinki and meet your local English-speaking guide and start short 30 min. bus transfer to Helsinki city centre.

We will leave our bags at the hotel and head straight to lunch at a local restaurant in city centre. After lunch, we make a city tour on foot to get to know city better. (It is possible to continue the tour with privatized PUB Tram, if there are max 30 pax in the group.)

Afternoon is leisure time to discover Helsinki before dinner.





## DAY 1 - GUIDED WALKING TOUR

During the tour we will get to know Helsinki and learn about the history and the past. We will see the main sights like the **Parliament House**, the famous **Oodi Central library** (tour inside), **Helsinki Railway station** designed by famous architect Eliel Saarinen, the historical part of Helsinki, **the Senate Square**, which is dominated by four buildings designed by Carl Ludvig Engel (1778-1840): Helsinki Cathedral, the Government Palace, the main building of the University of Helsinki and the National Library of Finland. We will pass the beautiful **Uspenski Cathedral** – the biggest Orthodox cathedral in Northern Europe. The tour will end to the colourful open-air market in the **Market Square** popular amongst tourists and locals alike.





# OODI CENTRAL LIBRARY

Oodi, Helsinki's Central Library, is a stunning architectural gem and a cultural hub worth visiting. Opened in 2018, this modern library is more than just a place for books; it features reading areas, a cinema, a café, workshops, and event spaces. Its futuristic design and eco-friendly construction make it a popular attraction. Oodi offers a unique blend of technology and culture, where visitors can explore art exhibitions, 3D printing, or simply relax with a view of the city. A must-see for architecture enthusiasts and culture lovers alike.

The architectural competition for the Helsinki Central Library, held in 2012–13, received 544 entries from around the world. The winning entry “Käännös” [swerve] was by ALA Architects, who have also designed Helsinki Airport Extension. In terms of structural engineering, this sculptural library is one of the most demanding projects carried out in Finland. The whole building is supported by a huge steel arch structure often used in bridges, which enables large open spaces without bearing walls.





## OPTION - TOUR WITH PRIVATE PUB TRAM (MAX 30 PAX)

Private Pub Tram is a truly unique and sustainable way to experience Helsinki. This iconic bright red tram, originally built in the 1950s, has been transformed into a moving pub that offers visitors a one-of-a-kind sightseeing experience. Equipped with a bar, seating, and a cozy pub atmosphere, Spårakoff travels through the heart of the city, passing key landmarks such as the Helsinki Cathedral, the Market Square, and the beautiful districts of Kallio and Töölö.

Onboard, guests can enjoy a selection of local beers and beverages as they take in the sights of Helsinki. A professional city guide accompanies the journey, providing engaging commentary on Helsinki's history, architecture, and culture, making it an informative and entertaining experience for both tourists and locals. The combination of a city tour with an onboard bar makes it perfect for groups or anyone looking to experience the city in a unique, relaxed setting.

The duration of the tour will be adjusted according groups wishes, being max 1,5 hours.





## DAY - DINNER AT GILLET

The food philosophy of Gillet is based on first-class, northern ingredients. You can sense many influences from the classic continental and Scandinavian tradition on the menu, combined with the spirits of the world's ethnic cuisines. At the heart of everything are the raw materials and the taste. The restaurant considers their cooking methods to be modern, simple, and ones that emphasize the essentials.





## DAY 2- HELSINKI ARCHIPELAGO WITH RIB BOATS

Discover the beauty of Helsinki's 330-island archipelago on a thrilling RIB cruise. With 630 horsepower and speeds up to 50 knots, you'll feel the power as we glide through the waves.

Enjoy stories from your local guide, pass Suomenlinna Sea Fortress and stop at a scenic island for complimentary drinks and snacks. All gear included, and every boat has a professional crew.

An unforgettable way to discover Helsinki from the sea!

The cruise will end on a small island, where a delightful lunch and a relaxing sauna experience await.









## OPTION: FLOATING IN THE BALTIC SEA

Experience floating in the Baltic Sea in cold water without the shock and discomfort of getting really cold. A special survival suit will float you and keep you warm, dry, and safe. Learn about ice swimming, at-sea rescues, and the dangers of hypothermia from your guide, then relax and have fun swimming and floating with your friends. This is a rare and exhilarating experience, offering a mix of adventure and safety.

You can come as you are in normal seasonal clothing to a on-shore location agreed. We provide you with everything you need for the float.

Duration: ca 1,5 h



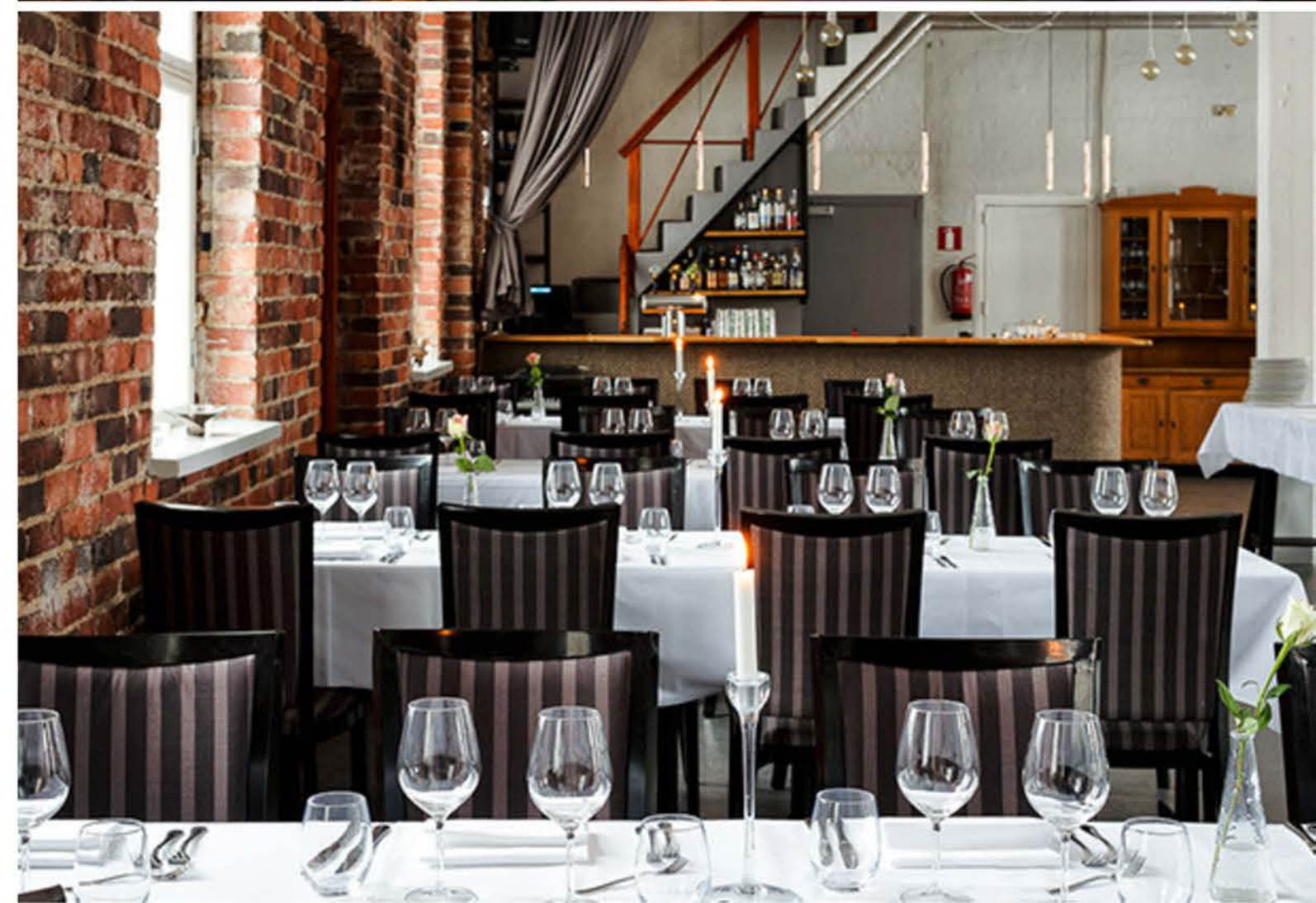


# LUNCH & SAUNA ON A SMALL ISLAND

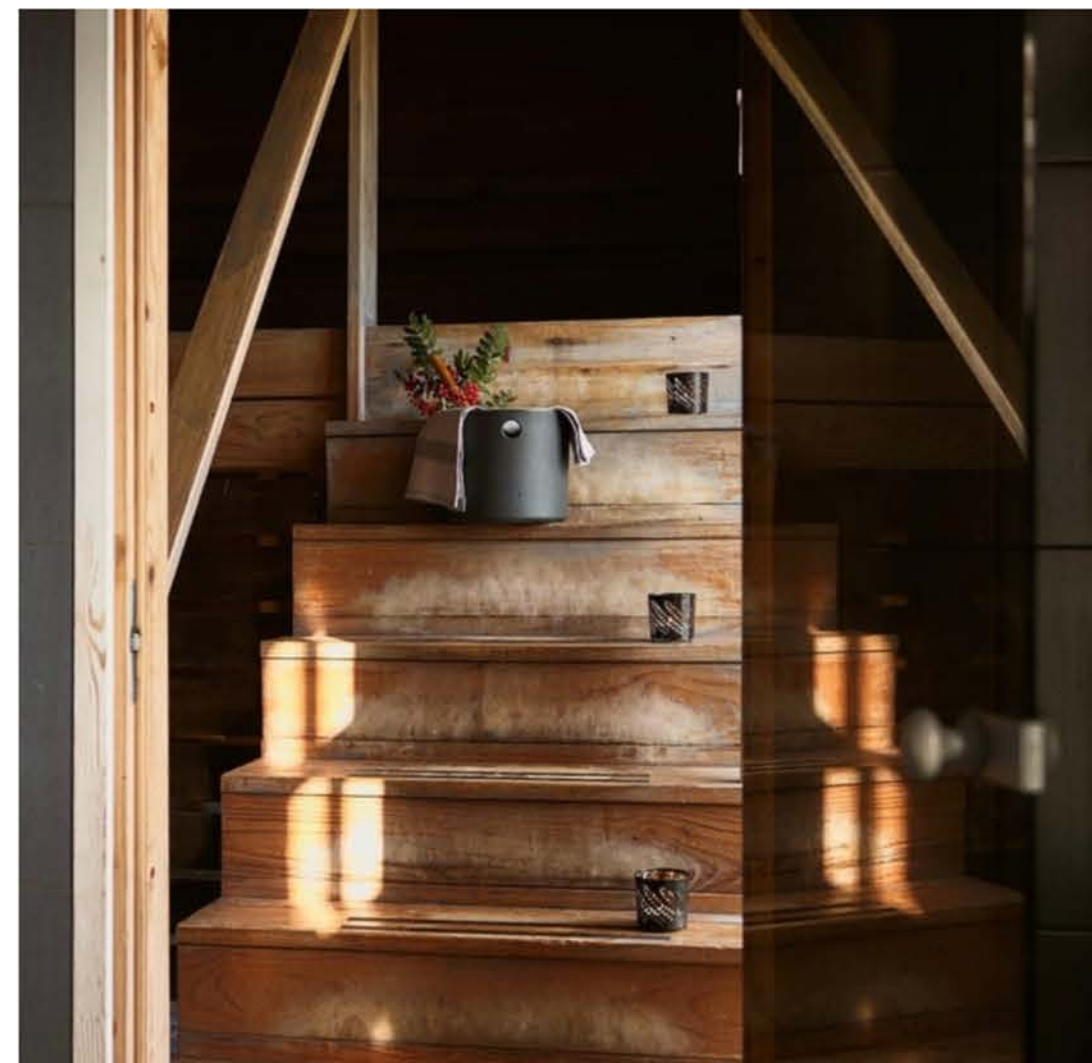
Enjoy a delicious lunch made from seasonal, high-quality ingredients—Scandinavian flavors with an international twist—on a charming small island. Unwind in one of two private shoreline saunas (for 12 or 20 people), take a refreshing dip in the sea, or relax with drinks and snacks in the cozy wooden KOTA hut.

Discover the soul of Finnish culture through this authentic sauna tradition—recognized by UNESCO and cherished by locals.

Afterwards, a short boat ride and transfer take you back to your hotel for a leisurely afternoon.









# DINNER AT RESTAURANT NOLLA



Nolla is a restaurant where great food goes hand in hand with sustainability. The restaurant aims to minimize the amount of waste produced with everyday actions that follow the restaurant's sustainable values and waste-free ideology.

All of the ingredients are mindfully sourced from local farmers, fishermen and producers, with a strong focus on sustainability. Nolla's approach to sustainability goes beyond the basics like food packaging and plastic. The restaurant has thought of every little detail, from clothing to energy consumption.







## DAY 3 - EXPLORING FINNISH NATURE AND ACTIVITIES IN NUUKSIO NATIONAL PARK

Start your day with a hearty breakfast, fueling up for a day filled with adventure and relaxation. Today we take you to Nuuksio National Park, just under an hour's drive from Helsinki.

Nuuksio National Park is in many ways one of Finland's most important nature sites. Nuuksio has extremely rich nature with lakes and ponds, swamps and cliffs, which makes this park a true treasure to visit.

In Nuuksio we can see the variety of Finnish landscapes formed by the Ice Age. There are over 80 small lakes and ponds are found from Nuuksio and they are as diverse as the nature around them.

We immerse ourselves in the natural beauty of Nuuksio with guided activities. We'll explore scenic trails, wander through the enchanting forest, and enjoy outdoor experiences tailored to our group's preferences. Later, we'll savor a traditional Finnish lunch or dinner in forest restaurant, relishing the rustic ambiance, warm hospitality, and delicious dishes made from local ingredients.



# YOGA HIKE IN NUUKSIO

Experience the beauty of Nuuksio National Park on a rejuvenating Yoga Hike. This slow-paced and relaxed forest walk allows us to fully embrace the calming essence of Finland's pristine nature.

Guided by experienced wilderness expert, we'll stroll through forest trails, learning about the park's flora, fauna, and the unique ecosystems that make Nuuksio a true gem of nature. Along the way, we'll discover how the natural environment positively impacts well-being, boosting happiness and relaxation in peaceful surroundings. Yoga hike will make you feel grounded, refreshed, and in harmony with nature,





# FOREST ADVENTURES AT NUUKSIO

**Electrical Fatbiking** – Fat Bikes are bicycles with special wide tires, so they roll well even on the forest trails! Electronic engines assist you as you pedal through, which makes biking easy and fun.

Nuuksio offers great variety of biking ground and there are plenty of marked tracks, varying from roads to the forest trails. Riding a fatbike is so much fun and extra fat tires will keep you up on a road in any conditions! All the routes are carefully planned to make the most of the experience. The routes are scenic with beautiful landscape views and perfect to stop and take some photos.

**Canoeing** – The many ponds and lakes in the national park area are ideal for canoeing or kayaking. Observe the beauty of natural forest and rocky shores around you while gliding silently on the water. Try your skills on water and enjoy the calm lakes of the woods.





# LUNCH AT FOREST RESTAURANT

Lunch in the forest restaurants of Nuuksio National Park is a unique and immersive experience, combining nature with delicious, locally inspired cuisine. These restaurants are housed in rustic wooden buildings and open-air shelters, blending seamlessly into the surrounding wilderness. The menu often features fresh, seasonal ingredients sourced from the region, such as wild mushrooms, berries, game meat, and freshly caught fish. You might enjoy a hearty bowl of creamy mushroom soup, smoked salmon with new potatoes, or traditional Finnish rye bread with locally made cheese. Many meals are cooked over an open fire, adding a rich, smoky flavor to the dishes.

Dining in these forest restaurants is about more than just food—it's about the atmosphere. Guests sit at long wooden tables, often by a crackling fire, with the scent of pine trees and the sounds of nature all around.

Whether after a long hike or as part of a peaceful nature retreat, lunch in Nuuksio's forest restaurants is a truly special way to experience Finland's natural beauty and culinary traditions.

In the afternoon transfer back to Helsinki and leisure time before dinner.









## DAY 3 - DINNER AT RESTAURANT NOKKA



A huge anchor and propeller mark out this harbourside warehouse and inside, three high-ceilinged rooms juxtapose brick with varnished wood. A glass wall allows you to watch farm ingredients being prepared in a modern Finnish style.

Restaurant Nokka, currently led by head chef Ari Ruoho, is the only restaurant in Finland with personal, first-hand knowledge of the production methods and conditions used by the restaurants VIPs - Very Important Producers.

The restaurant is committed to serving only the purest seasonal ingredients from Finnish forests and waters: game, fish, berries, mushrooms, plants and herbs. Nokka only uses sustainably grown, organic produce and meats from carefully selected small Finnish producers with whom they have developed close relationships for years.

Every member of Nokka team is ready to do everything in their power to build a memorable experience that includes everything: food, beverages, service and the idyllic venue.

Bus transfer from hotel to Nokka, and back to hotel after the dinner.







## DAY 4 - HOMETRIP

After lazy breakfast, you can discover Helsinki according to your own preferences. In the afternoon transfer to the Helsinki airport and start for hometrip.

We trust you will return home with many unforgettable memories, feeling refreshed and carrying a small piece of Finnish happiness with you!



# WHY CHOOSE ELÄMYS DMC



- Elämys DMC is 100% local operator based in Helsinki. Locating in the destination we are always up to date on what's going on in Finland.
- Customized planning: Every event is unique. We tailor the plan specifically to your event's needs, taking into account the venue, number of participants and budget.
- Exceptional Service: Our dedicated team provides personalized support throughout the planning process.
- Sustainability Focus: As a company rooted in the Nordic values, we are committed to sustainable tourism practices
- Proven Track Record: With years of experience in the industry, Elämys DMC has a proven track record of delivering successful events and travel experiences for clients from around the world.





# THANK YOU - KIITOS!

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