

Welcome



**The perfect weekend escape to Malta!**  
**Now with direct flights from Amsterdam!**

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OUR MALTA  
with  
SPECIAL  
INTEREST  
TRAVEL Ltd.

# YOUR STAY IN MALTA

TravelMediate



Welcome

# YOUR PROGRAMME

Malta, the discovery of an island full  
of surprises

Reference number: CI/035.24

Agency: TravelMediate

Number of people: 25 pax

Date of travel:

*Friday 11:50 - 14:55*

**AMS Amsterdam Schiphol - MLA Luqa Malta International**

*Monday 13:40 - 17:05*

**MLA Luqa Malta International - AMS Amsterdam Schiphol**



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## History of Malta

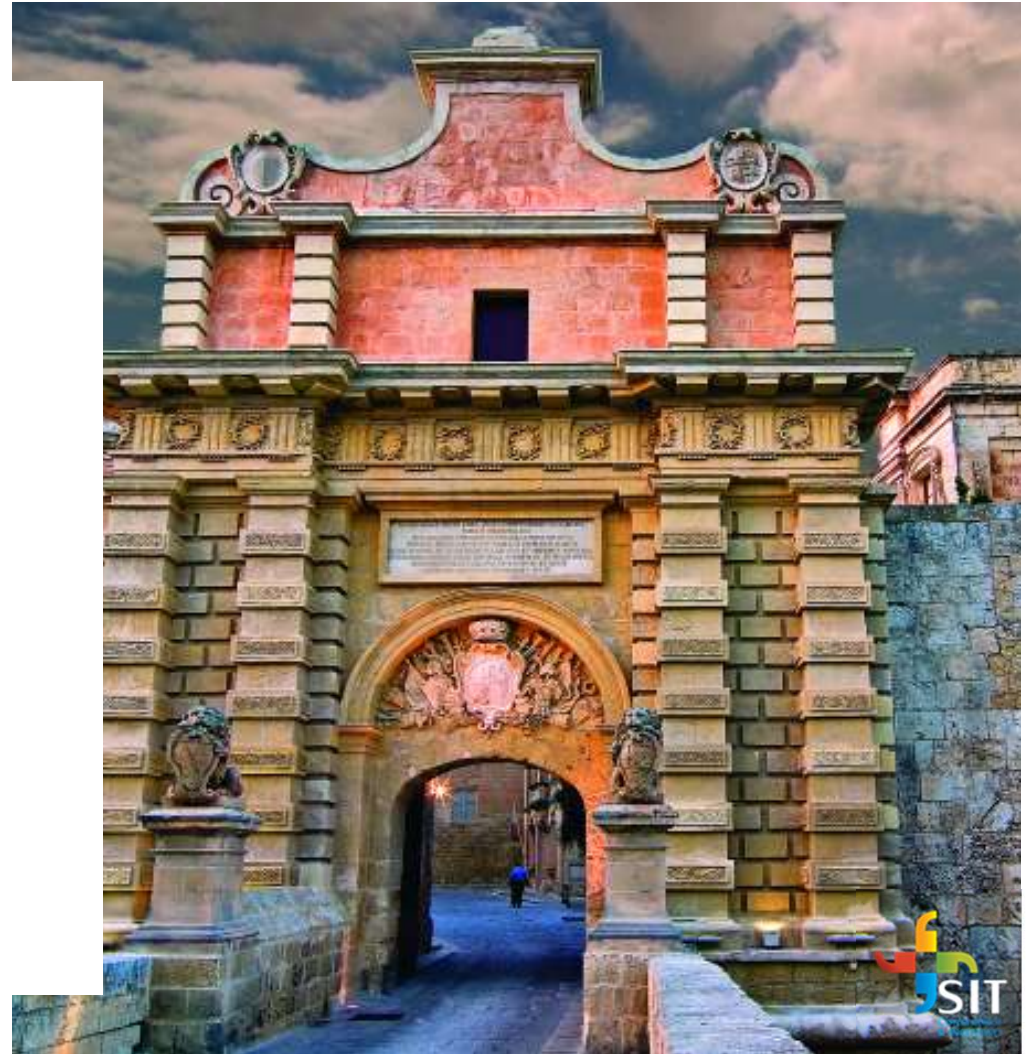
The first inhabitants of Malta arrived about 5,200 BC from Sicily and began to farm the soil and build great temples.

About 800 BC the Phoenicians sailed to Malta. They gave Malta its name - Malet, meaning shelter or haven.

From about 400 BC the Carthaginians ruled Malta. After that, approximately 218 BC the Romans conquered it. Meanwhile about 60 AD, Paul was shipwrecked on Malta while being taken to Rome, as he was accused of being a political rebel and considered a potential threat to Roman rule. The ship carrying him, and 274 others was caught in a violent storm and wrecked on the Maltese coast. Paul converted Publius, the Roman ruler to Christianity. The rest of the Maltese population followed and soon became Christians. Nowadays, the site of the wreck is known as St. Paul's Island and is marked by a commemorative statue.

Later on, Malta was conquered by the Arabs, who influenced deeply the Maltese culture, especially the language. Arab rule was ended by the Normans, who captured Malta in 1090.

In 1283 Malta was captured by the Aragonese, so that it became part of the powerful Spanish Empire. Malta changed hands again in 1530. The Spanish king granted Malta to the Knights of St John. Initially, they went to Cyprus, but in 1310 moved to Rhodes in search of acquiring their own temporal domain. In 1523 the Turks captured Rhodes and the Knights were left without a home until the Spanish king gave them Malta to settle. At that time the Christians were fighting the Crusades against the Muslims. The Order of St John began to fight Muslims as well as care for sick pilgrims. Subsequently, their order was formally recognized by the Pope and they became the Knights of St John.





## History of Malta

Their rule was ended by Napoleon Bonaparte, who conquered Malta in 1798. The Maltese rebelled against the French at Mdina and appealed to the British for help. From that moment Malta was recognized by the other European powers as a British colony. However, the British allowed the Maltese a limited role in government. Malta gained its independence in 1964 and from 1974 became a republic. Nowadays Malta is a flourishing country. Because of the abundance of historical places, monuments and venues, Malta is a popular filming destination. From 1925 to 2016, there have been at least 110 films that were either shot or set in Malta. Among them the most famous include: By the Sea, The Da Vinci Code, Alexander, Popeye, Clash of the titans, Troy, Gladiator, The Emperor's new clothes, The Count of Monte Cristo, Captain Philips, Midnight express and also the world-famous TV series Game of Thrones.

In 2018 Valletta will be the European capital of culture and will host series of different events, exhibitions, performances and workshops in which an active role will have also the citizens of the islands. To give you a hint of the scheduled events and clearer idea of what to expect, some of them are e.g. – Picasso Exhibition held at Grand Master Palace in Valletta; The Valletta International Baroque Festival, Mozart's Don Giovanni, Exhibition: European Eyes on Japan, Giuseppe Verdi's Aida, Education, Visual arts: Bodies in Urban Spaces and many others that could enrich both your imagination and personality.







MALTA IS WAITING TO  
WELCOME YOU

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# Transportation Options

Small details which can make the difference! Enhance your program with different kind of transportation: old Maltese bus, Vintage car, all sort of boats from the most traditional to the most luxurious...





# Special Dietary Requirements

SIT can cater for any dietary requirements including:

- Halal
- Kosher
- Jain Diet
- Vegetarian
- Vegan
- Gluten free and coeliac
- Lacto-ovo-vegetarians
- Lacto-vegetarians
- Ovo-vegetarians
- Pescatarian
- Tree nut and peanut allergies
- Fish and shellfish allergies
- Wheat intolerance
- Dairy free and lactose free

*\* To ensure your safety, special request with dietary restrictions must be indicated in advance in order to ask for a personalised meal for all food functions.*





Timetable



	1 <sup>st</sup> Day	2 <sup>nd</sup> Day	3 <sup>rd</sup> Day	4 <sup>th</sup> Day
Morning	Arrival at the Airport Transfer to the Hotel and Check-in	3 Cities Rolling Geeks	Jeep Tour in Gozo	Check-out from the Hotel
Lunch		Lunch in 3 Cities – Don Berto	Lunch in Gozo – Ta' Frenc' Restaurant	Wine Tasting at Meridiana Vineyard
Afternoon	Night Tour in Mdina	Valletta Tasteful Experience	Vini & Capricci – Wine Tasting (Optional)	Transfer to Malta International Airport
Evening	Dinner in Medina	Dinner in Balluta Bay – OKA (Optional)	Farewell Dinner in Sliema - Chophouse	

# Arrival

## Arrival :

The guests will arrive at Malta International Airport where they will be met and welcomed by a SIT Representative.

They will board the waiting Transport and transfer to the hotel for the check-in.



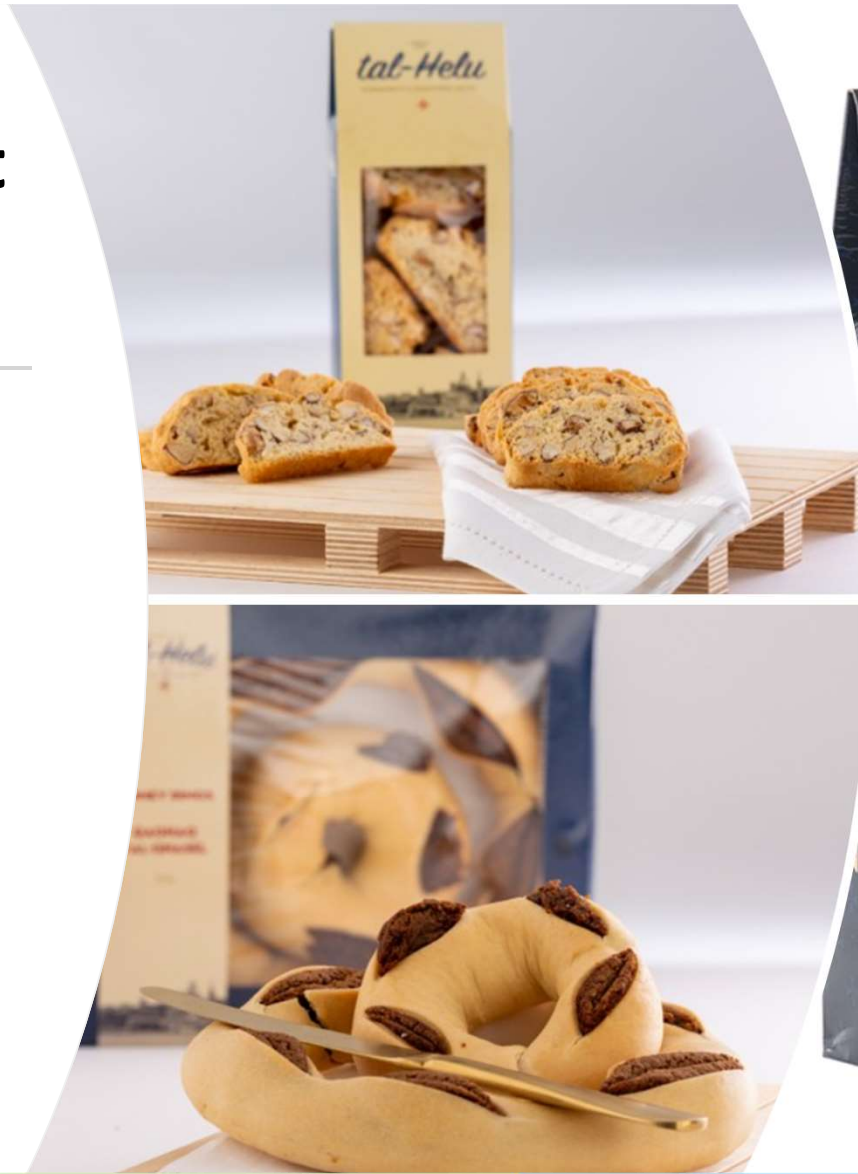
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# Welcome Gift Idea

## Maltese Delicacies;

- Bajtra, Habburba Liqueur
- Maltese or Gozitin Wines
- Nougat
- Honey Rings
- Crustini
- Maltese Honey





## Check in

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Check-In time varies depending on the Hotel selected however the average time starts from 15.00hrs.

Group checks in at the selected hotel with a non-alcoholic welcome drink.



## Day 1 – Mdina Night Tour

Night visit to Mdina or "City of Silence", the ancient capital of Malta. We will get lost in the streets and alleys of the wonderful Mdina, surrounded by houses that belonged to the nobility of the time, convents and palaces of astonishing charm. We will discover different architectural styles in its buildings, such as the sixteenth-century Norman and the Baroque, by moonlight. We will pass the Malta Cathedral (from the outside) before reaching the fortifications which dominate the Maltese countryside and offer wonderful views over a large part of the island.





## Day 1 - Dinner at Medina Restaurant (Option 1)

### Medina Restaurant, Mdina

Hidden away in the enchantingly narrow streets of Mdina is this characterful 500 year old restaurant. Dine beneath a vaulted stone ceiling or in the internal courtyard.

Local ingredients underpin well-executed dishes which exhibit subtle modern twists. Just off Mdina's main Cathedral Square, in one of the Silent City's typical winding alleys, The Medina Restaurant is a jewel of an eatery, flooded with natural charm.

An original Norman residence, The Medina Restaurant is full of romanesque features, allowing for a truly unique dining ambiance.





## Day 1 – Dinner at Grotto Tavern (Option 2)

The Grotto Tavern restaurant boasts typical Maltese house of character features and embraces a natural 2000-year-old cave. Following a more recent interior restructuring, it has suitably fused old characteristics with modern features, creating a sincere neighbourly and intriguing space where to dine.

The motto is to drive Mediterranean food into the modern cuisine era, consequently becoming worldwide recognizable, complemented by a treasured vibrant dining experience. Grotto Tavern's young dynamic team brings together the finest seasonal produce with developed innovation, finesse and expertise, to bring forth tantalizing dishes at a reasonable value.





## Day 2 - The 3 Cities

Discover the Grand Harbor area opposite of Valletta, known under the name of "The Three Cities: Vittoriosa, Cospicua and Senglea", where the Knights of St John first settled in 1530.

Going past Cospicua you reach Vittoriosa for a walk through the alleys in the shadow of the historic buildings of the Order. On the Vittoriosa seafront we will take a typical harbor boat (dghajsa) for a tour of the colorful inlets of the port. From the Senglea Garden, located at the tip of the peninsula, enjoy a splendid 360 ° view of the Porto Grande, including the imposing Fort Sant Angelo from where Grand Master La Valette led the defense of the island during the Great Siege of 1565.





# Day 2 - The 3 Cities and the Rolling Geeks

## The Rolling Geeks

Take a seat in your rolling geek (electric car) in order to go up and down in these beautiful cities and discover more about their history.

You will enjoy a great day of fun in our easy-to-drive cars, which will offer you the opportunity to discover the stunning Three Cities helped by an English audio-guide. Have 2h of fun in total security as the tour is supervised by leading cars and be sure you would never get a ticket with a speed point limited to 40km/h !

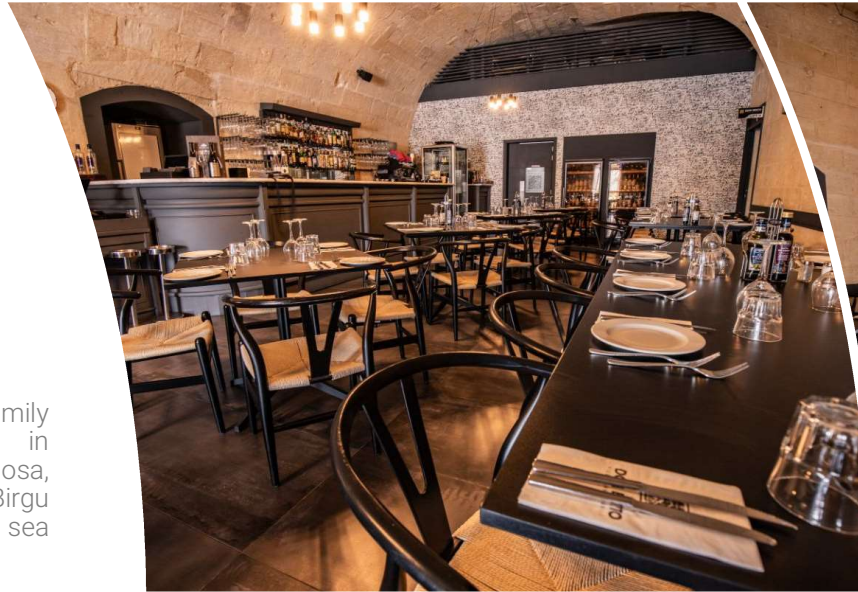




## Day 2 - Lunch Don Berto (Option 1)

Don Berto is a fast casual and family friendly restaurant specializing in Mediterranean food. Located in Vittoriosa, the restaurant sits exactly in the Birgu waterfront and enjoys picturesque sea views across to Senglea and Valletta.

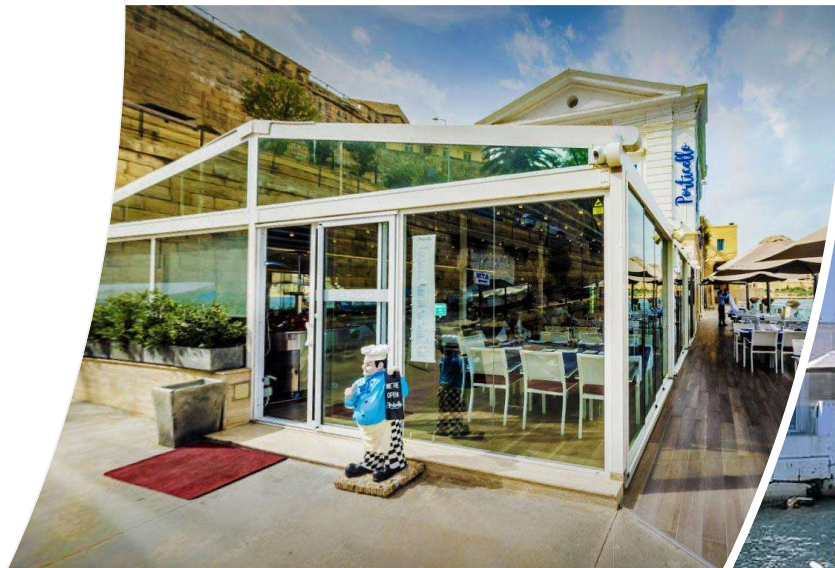
We offer a very extensive Mediterranean menu specializing in pizza, pasta and grill. We believe in keeping our food simple but naturally flavourful in true Mediterranean style, using fresh, local and seasonal ingredients. Our aim is to cherish Mediterranean flavours and provide a true taste of our delicious food, built on the vast experience and passion of our chefs.





## Day 2 - Lunch Porticello (Option 2)

Porticello restaurant situated in Malta's capital city Valletta, specializes in fresh fish and seafood while also caters to a variety of other mouthwatering dishes, to suit each and every customer. We select our food and its source carefully to provide an exquisite dining experience. Situated close to the waters edge, Porticello offers a breathtaking view suitable for a romantic dinner for two or for an impeccable dinner amongst friends. Our exceptionally well-trained staff is available to address each and every need including all dietary requirements. So if you're looking for a remarkable dining experience ... we've got a table for you at Porticello.





## Dghajsa Boat to Valletta

The luzzu is the foremost traditional fishing boat. It is pointed at both ends and is painted in characteristic bright colours. A variant, the kajjak, also a fishing boat, is similar in appearance, but has a square transom (back of the boat). Fregatina boats you can see during Freedom day race in the Grand Harbour.

These boats are painted in the traditional bright maritime colours: red, green and blue. Yellow and white could also be used. The colours are painted in stripes parallel to the waterline or to the curve of the upper border.



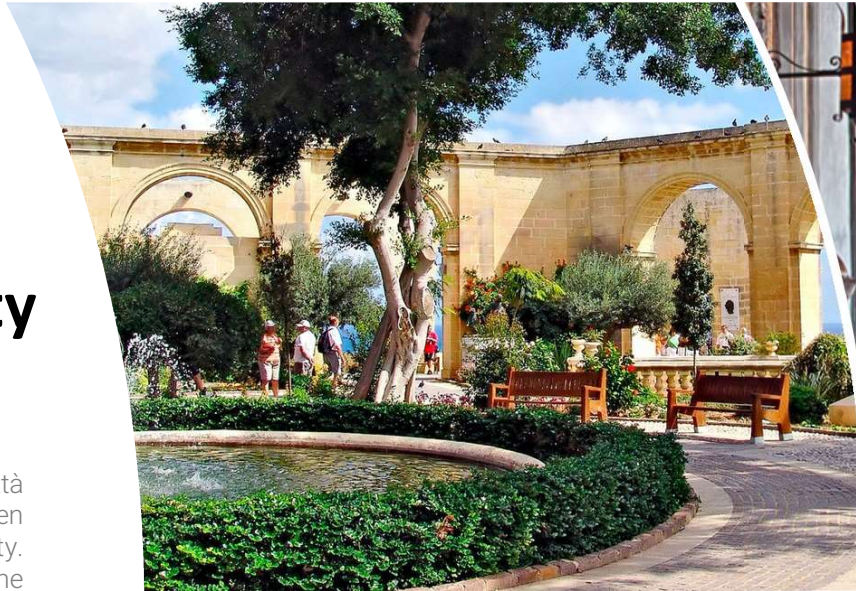


# Valletta

## The Fortress City

Valletta, The Fortress City, Città Umilissima, "a city built by gentlemen for gentlemen" is Malta's capital city. Valletta is named after its founder, the respected Grand Master of the Order of St. John, Jean Parisot de la Valette.

This visit includes St John Co-Cathedral where you can see the painting of 'The Beheading of St John the Baptist' by Caravaggio, the Grand Master's Palace (state rooms OR armory), and the Upper Barracca Gardens.





## Day 2 - Food and Drink tour

Experience the street food of Valletta with a local tour guide, who will bring the tastiest treats of the island to your fingertips. Learn about Malta's history and cuisine during this experience. Meet your guide at the entrance of Valletta along the New Parliament Building. After a brief introduction to the city, start your food tour experience. Taste traditional dishes like pastizzi on the way. Walk past the main landmarks such as Republic Street, Castille Square, Merchants Street, Upper Barracca Gardens, the old market. See typical bars and side streets while savoring Maltese specialties, local antipasti, Kinnie, and lager.



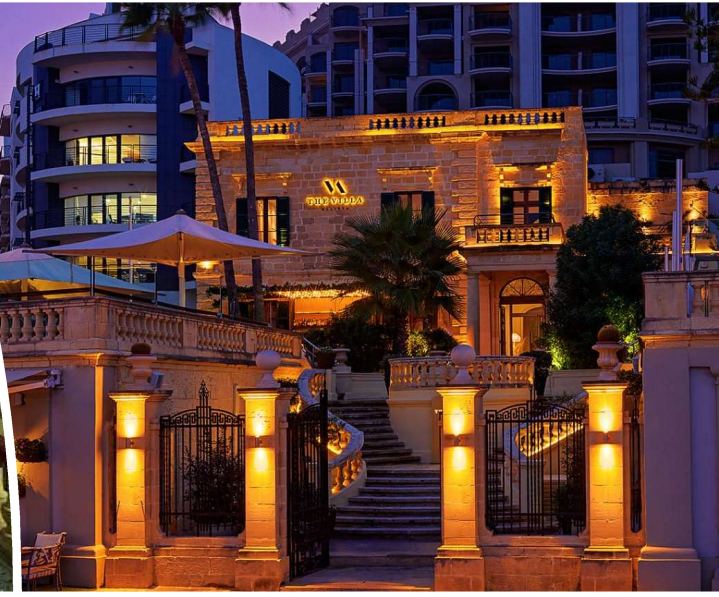
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## Day 2 – Dinner at OKA's by the Villa (Optional)

### OKA's at The Villa

OKA's at The Villa is located within the historic building of The Villa – an imposing 19th century palazzo, what used to be the summer residence of one of Malta's leading 20th century industrialists and one of the oldest structures in the Balluta area. OKA's was inspired by the famous oak trees overlooking Balluta Bay which symbolise strength, wisdom and endurance.





## Day 3 - Full Day Gozo

After a short twenty-minute ferry crossing you will reach Mgarr harbour, which immediately sets the pace to Gozo's unique atmosphere. Your guide will lead you around the Megalithic temples of Ġgantija, the oldest free-standing monuments in the world, pre-dating the Pyramids of Egypt. This will be followed by visits to the medieval citadel in Victoria, the fjord-like bay at Xlendi and Dwejra. Gozo is well known for its crafts, particularly handmade lace and knitted garments. Visitors cannot fail to be impressed by the island's lush countryside, its serene atmosphere and how different it is from the larger island of Malta.

### Jeep in Gozo

Participants can choose to drive themselves to some of the most beautiful and important locations on Gozo and learn some of the history of the island.





## Day 3 - Lunch at Ta' Frenċ'

Much more than a haven of fine dining, Ta' Frenċ' also offers the opportunity to create unique and memorable experiences. Apart from the Michelin-recognised restaurant, the extensive property comprises a number of charming spaces which can be hired for weddings, corporate events, special occasions and family celebrations. The all-weather marquee will seat two hundred guests, the elegantly-appointed private dining room is suitable for up to twenty guests seated at the long table and the main dining room will comfortably accommodate sixty people. Our team will be happy to work with you and interpret your wishes to curate the perfect wedding, the most incisive corporate presentation and the ultimate celebratory family occasion.





## Day 3 - Wine Tasting in Gozo (Optional)

### Vini & Capricci by ABRAHAM'S

What started out as a passion for exquisite foods and wines saw the inception of Abraham's Supplies in 1991. Abraham's Supplies are highly acclaimed for their high quality foods and fine wines.

The last couple of years have seen owner, Abraham Said want to introduce his vision of him to the public. A state of the art wine cellar along with a cutting-edge kitchen and suite, as well as the Lounge and Vinoteca is an exciting idea where the public not only can purchase but will also experience first hand in one place these tasty foods and wines.

For the past 20 years Abraham has always been in touch with the quality foods industry, now he would like to share his experiences with you.



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## Day 3 - Farewell Dinner at The Chophouse

### Chophouse, Sliema

“Unique view, great menu choice, top service, incredibly wide choice of wines.”

Considered to be one of Malta's leading restaurants, The Chophouse boasts a tempting selection of succulent steaks, daily grilled fish and vegan options. We also offer a wide choice of light starters and mouth-watering sweets. Our large glass-fronted 'cave' stocks a selection of well over 300 wines, stored in a humidity and temperature-controlled environment, for optimum serving.

We are proud to have been awarded a Michelin Plate, distinguished for our "good cooking" and "delightful place".





## Day 4 - Wine Tasting at Meridiana vineyard (Morning)

### Wine tasting at Meridiana vineyard

Meridiana's roots date back from 1985 as a result of a conversation between Mark Miceli-Farrugia, a trader in wines for over 20 years, and Bordeaux oenologist Denis Dubourdieu (Decanter Magazine Man of the Year 2016). The latter persuaded Mark that there was potential for high-quality wine growing in Malta. As a result, Meridiana Wine Estate was established in April 1987 under the counsel of oenologist Roger Aquilina.





*Total Program Cost, per person (based on 25 pax) – starting from 600,00 €*



**Departure**



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About Us

## Your trusted travel partner

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Enjoy Malta !

We are a highly motivated, multinational team with over 40 years' experience in creating fantastic experiences here in Malta. Whether you are after a professional conference or meeting, an exhilarating incentive trip or group special interest travel, our unparalleled local knowledge and experience allows us to understand the varying requirements and personal preference of our clients and ensure we provide them with a memorable experience to take home.

### What we do

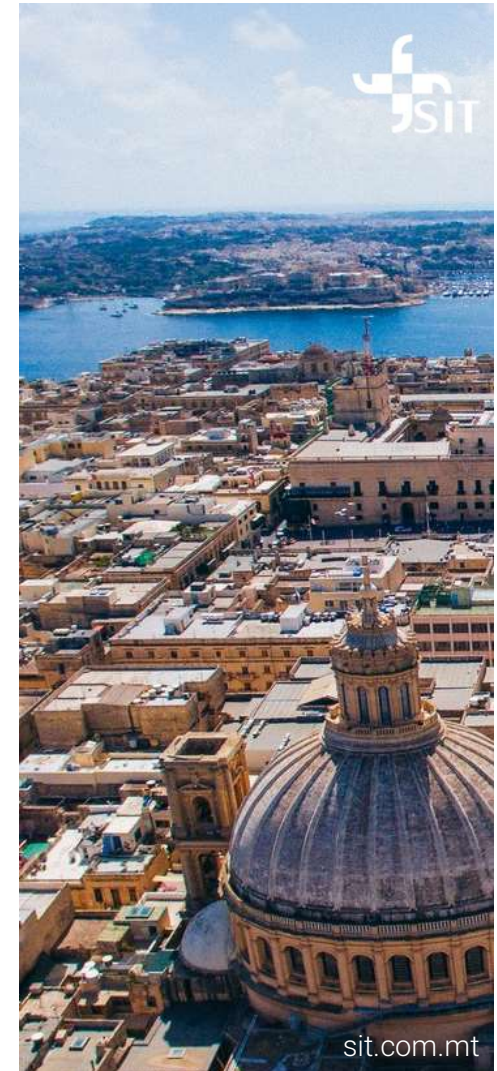
We put forward creative, unique and price competitive events or special interest and group travel for groups of all sizes and for all types of visitors to Malta whether it be for MICE (meetings, incentives, conferences and events), education, special interest or leisure.

We have worked for some of the world's most prestigious companies and brands including Diageo, Pfizer, Schering, Astra Zeneca, Vodafone, Microsoft, Peugeot, Michelin, IN&FI, DANONE and CAIXA.

### Why we do it so well

We have a passion for what we do  
We have the experience to pull fantastic things off professionally.

Being part of the M. Demajo Group, we are lucky to be backed by one of Malta's largest and most reputed companies.



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# Why travel with SIT?



## Quality Assurance

SIT is certified quality assured with the Malta tourism Authority.



## Financial

Preferential negotiated rates with suppliers



## Local Know How

In depth knowledge of Malta



## Personnel

Our skillful team of multilingual experts are passionate about Malta and the clients we serve



## Experience

40 years of excellence serving the industry in Malta



## Flights

Assistance with Arrivals and Departures can be offered on request



# Facts about Malta



**Time Zone**  
GMT +1 in winter,  
GMT +2 in summer



**Climate**  
Hot Dry Summers  
Mild Wet Winters



**Currency**  
Euro



**Government**  
Democratic Republic



**Population**  
441,653 (2020)



**Official Languages**  
Maltese & English



**Religion**  
Catholic



**Capital**  
Valletta



Past clients



MALTA EU 2017







Thank you!

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